



## **Pre-Admission Testing**

As soon as your surgery is scheduled, please call the Pre-Admission Testing (PAT) department at (205) 930-2528 or 1-800-882-0077. Pre-Admission testing can be performed up

to 14 days before your surgery.

The PAT department is open Monday through Friday from 7:00 a.m. to 7:00 p.m. These hours may vary due to holidays. Please call as soon as possible to ensure your choice of date and time.

Depending on your health history, please allow 1 to 3 hours for your testing. Your testing will involve an extensive health history and may include lab work or an EKG. The PAT department will review physician instructions and ask you to sign consents as needed.

If you do not have insurance, please contact the Business Office prior to your admission at (205) 930-2470 and ask for a financial counselor. Someone will be available to assist you between 8:00 a.m. and 4:00 p.m.

Please bring the following information to your PAT appointment:

- Insurance identification or certified insurance forms along with any co-pays or deductibles
- Social Security number
- Date of birth
- Address
- Occupation
- Medications with dosages, including any over-the-counter vitamins or herbs
- Known allergies to medicine, latex, or food
- Any forms given to you by your physician

If you have had an EKG in the past year, please have the physician's office fax it to the PAT department at (205) 930-2024. Be sure to include your name, date of birth, and date of surgery. If this can't be done prior to your PAT, please bring the name and telephone number of your physician.

If you have a notable heart history including stents, heart attack, chest pain, or other heart diseases and have had a stress test, echo, or heart catheterization in the last 2 to 3 years, please call the doctor who ordered the test and have the reports faxed to the PAT department at (205) 930-2024. The reports must include your name, date of birth, and date of surgery.

If you are currently taking any diet medications or vitamins containing weight loss herbs, please notify your doctor. This may affect the date of your surgery.

If you have a pacemaker or defibrillator, please notify your surgeon and your PAT nurse.

On the day of your tests, you must first check in at Patient Registration located in the lobby of the main hospital before going to the PAT department. Once you are registered, Patient Registration will direct you on how to get to the PAT department, which is on the first floor of the main hospital, by elevators 6 and 7.

Based on your insurance coverage, you will be asked to pay your deductible or co-pay at the time of registration. Payment can be made using cash, check, or credit card.

## **Before Surgery**

Take prescription drugs as scheduled the day before your surgery. Follow the instructions of your physician or PAT nurse if you are on heart, blood pressure, diabetic, seizure, or blood-thinning medication. If you are unsure about any aspect of your care, please call the pre-admission nurse at (205) 930-2528 or 1-800-882-0077. If the call is answered

by voice mail during business hours, please leave your name and phone number and your call will be returned as soon as possible.

If you have questions or concerns on weekends or after hours, please contact your physician. Messages left on PAT department voice mail may not be retrieved in time to appropriately respond to your question or need.

Do not eat or drink anything after midnight the night before your surgery unless otherwise instructed by your physician or PAT nurse. These restrictions include drinking water, but you may brush your teeth.

If you become ill with a fever, cold, sore throat, vomiting, diarrhea, or other illness please notify your physician before your scheduled surgery.

## **Day of Surgery**

Please be sure to arrive at the time indicated by your physician. This is usually 2 hours before your surgery, which allows for adequate prep time. When you arrive at the main hospital, proceed to elevators 6 and 7 on the first floor. Go directly to the reception desk in the Surgery Waiting Room on 3rd floor and sign in.

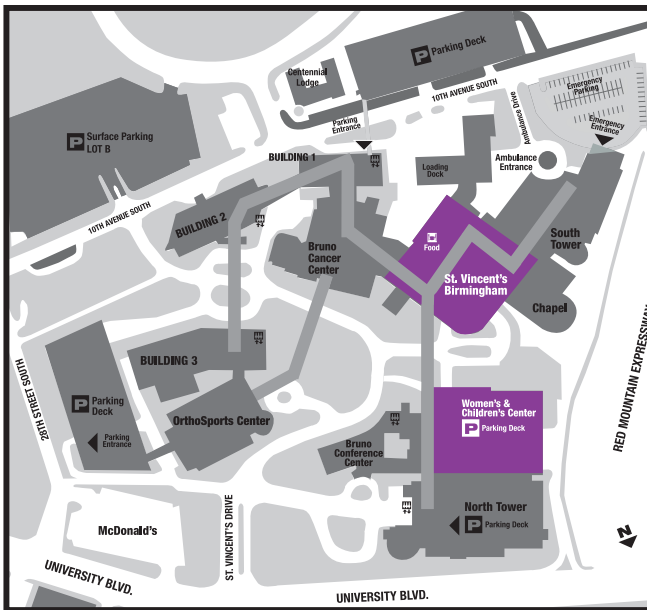
## **After Surgery**

Following your surgery, you may spend a period of time in the Post-Anesthesia Care Unit (PACU). After you have sufficiently recovered, you will be transported to your hospital room or returned to Ambulatory Surgery for discharge. You will remain in the Ambulatory Surgery Department for at least one hour. You will receive post-operative instructions at this time.

If you are discharged the day of surgery, you **MUST** arrange for someone to drive you home. The anesthetics and medications you receive may cause drowsiness for up to 24 hours.

## Patient Parking for Pre-Admission Testing and Day of Surgery

The most convenient parking deck is located at the Women's and Children's Center, the third right off of St. Vincent's Drive. The cost to park here is \$4.00. You may also choose to valet park which is located in the front circle of the hospital. The cost for this service is \$7.00 and is available Monday through Friday from 7:00 a.m. to 4:00 p.m.



## Pre-Admission Testing Department

810 St. Vincent's Drive  
Birmingham, Alabama 35205

(205) 930-2528

1-800-882-0077

(205) 930-2024 Fax

[stvhs.com](http://stvhs.com)



St. Vincent's  
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# Pre-Admission Testing



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